

PRAYERS FOR PERSONAL USE

THE ANIMA CHRISTI

Soul of my Saviour, sanctify my breast,
Body of Christ, be thou my saving guest,
Blood of my Saviour, bathe me in thy tide,
Wash me with water flowing from thy side.
Strength and protection may thy passion be,
O blessed Jesu, hear and answer me;
Deep in thy wounds, Lord, hide and shelter me,
So shall I never, never part from thee.
Guard and defend me from the foe malign,
In death's dread moments make me only thine;
Call me and bid me come to thee on high
Where I may praise thee with thy saints for ay. Amen

COLLECT FOR PURITY

Almighty God, unto whom all hearts are open,
all desires known, and from whom no secrets are hid;
cleanse the thoughts of our hearts
by the inspiration of thy Holy Spirit,
that we may perfectly love thee,
and worthily magnify thy holy Name;
through Christ our Lord. Amen.

A PRAYER FOR PROTECTION

Almighty God,
you see that we have no power of ourselves to help ourselves:
keep us both outwardly in our bodies,
and inwardly in our souls;
that we may be defended from all adversities
which may happen to the body,
and from all evil thoughts which may assault and hurt the soul;
through Jesus Christ our Lord. Amen.

THE HAIL MARY

Hail Mary, full of grace
the Lord is with thee.
Blessed are thou amongst women
and blessed is the fruit of thy womb, Jesus.
Holy Mary, Mother of God,
pray for us sinners, now and at the hour of our death. Amen.

GOD BE IN MY HEAD

God be in my head, and in my understanding;
God be in mine eyes, and in my looking;
God be in my mouth, and in my speaking;
God be in my heart, and in my thinking;
God be at mine end, and at my departing. Amen.

PRAYER OF ST RICHARD OF CHICHESTER

Thanks be to thee, my Lord Jesus Christ,
for all the benefits thou hast given me,
for all the pains and insults thou hast borne for me.
O most merciful redeemer, friend and brother,
may I know thee more clearly,
love thee more dearly,
and follow thee more nearly, day by day. Amen.

CHRIST BE WITH ME

Christ be with me, Christ within me,
Christ behind me, Christ before me,
Christ beside me, Christ to win me,
Christ to comfort and restore me.
Christ beneath me, Christ above me,
Christ in quiet, Christ in danger,
Christ in hearts of all that love me,
Christ in mouth of friend and stranger. Amen.

CHURCH OF ENGLAND CORONAVIRUS PRAYER

Keep us, good Lord,
under the shadow of your mercy
in this time of uncertainty and distress.
Sustain and support the anxious,
be with those who care for the sick,
and lift up all who are brought low;
that we may rejoice in your comfort
knowing that nothing can separate us from your love
in Christ Jesus our Lord. Amen.

GLORIA PATRI

Glory be to the Father,
and to the Son, and to the Holy Spirit;
as it was in the beginning,
is now, and ever shall be,
world without end. Amen.