

SAINT MICHAEL & ALL ANGELS BARNES



# SUNG MASS

TRINITY SUNDAY

**Celebrant:** Father Stephen Stavrou, *Vicar*  
**Preacher:** Father Martin Calderbank, *Curate*  
**Anthem:** Ave Verum, *Elgar*

## Feast of the Holy and Undivided Trinity

Trinity Sunday is the celebration of God as Father, Son and Holy Spirit, that great mystery at the centre of the Christian faith in which we affirm that God is three and God is one. It is the mystery of God himself, and the source of all other mysteries in the life of faith. It is a mystery that testifies to the wonder, beauty and love of the divine. Saint Augustine described the Trinity as Lover, Beloved and Love itself, reminding us that at the heart of the Christian understanding of God is a set of relationships and that God wants us to share in that relationship, so that we can participate in the life of the Trinity

The scriptures witness to God as Trinity in many places. In the Old Testament three angels as mysterious strangers visit Abraham and Sarah (Genesis 18). In the Gospels, God as Trinity is revealed at the Baptism of Jesus, and in the Epistles, Saint Paul prays that ‘the grace of our Lord Jesus Christ, and the love of God, and the fellowship of the Holy Spirit be with you all’ (2 Cor. 13.14).

So it is that every Eucharist affirms our faith in the Trinity, beginning with the words ‘In the name of the Father, and of the Son and of the Holy Spirit’. This is the God whom we gather to worship and in whose name we are Baptised. Every Eucharist also ends with a blessing in the name of the Trinity, and so we are sent out to proclaim the Triune God to the world.

Today also inaugurates the Trinity Season, that long period in the Church’s year that takes us all the way to Advent. It is a season of growth and settlement in the Christian life after the Christmas and Easter cycles, and throughout this time we hear about the teachings and miracles of the ministry of Jesus.

*‘Above all, guard for me this great deposit of faith for which I live and fight ... I mean the profession of faith the Father and the Son and the Holy Spirit. I entrust it to you today ... I give you but one power and divinity, existing one in three ... I have not even begun to think of unity when the Trinity bathes me in its splendour. I have not even begun to think of the Trinity when its unity grasps me.’*

S. Gregory Nazianzus, 4<sup>th</sup> century, to the Catechumens at  
Constantiople, Oratio 40

*Please stand when the bell rings.*

OPENING HYMN

NEH 146

**Holy, Holy, Holy! Lord God Almighty!**  
**Early in the morning our song shall rise to thee;**  
**Holy, Holy, Holy! Merciful and mighty!**  
**God in three Persons, blessed Trinity!**

**Holy, Holy, Holy! all the saints adore thee,**  
**Casting down their golden crowns around the glassy sea;**  
**Cherubim and seraphim falling down before thee,**  
**Who wert, and art, and evermore shalt be.**

**Holy, Holy, Holy! though the darkness hide thee,**  
**Though the eye of sinful man thy glory may not see,**  
**Only thou art holy; there is none beside thee**  
**Perfect in power, in love, and purity.**

**Holy, Holy, Holy! Lord God Almighty!**  
**All thy works shall praise thy name, in earth, and sky, and sea;**  
**Holy, Holy, Holy! Merciful and mighty!**  
**God in three Persons, blessed Trinity!**

GREETING

✠ **In the name of the Father, and of the Son, and of the Holy Spirit. Amen.**

The Lord be with you.  
**And also with you.**

*The Celebrant introduces the Mass.*

PENITENTIAL RITE

Let us confess our sins in penitence and faith.

*Kneel*

**Almighty God, our Heavenly Father, we have sinned against you, and against our neighbour, in thought and word and deed, through negligence, through weakness, through our own deliberate fault. We are truly sorry and repent of all our sins. For the sake of your Son Jesus Christ, who died for us, forgive us all that is past; and grant that we may serve you in newness of life, to the glory of your name. Amen.**

**Lord, have mercy  
Christ, have mercy  
Lord, have mercy.**

Almighty God, who forgives all who truly repent, have mercy upon you, ✠ pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and keep you in life eternal; through Jesus Christ our Lord. **Amen.**

*Stand*

GLORIA IN EXCELSIS

**Glory to God in the highest, and peace to his people on earth. Lord God, heavenly King, almighty God and Father, we worship you, we give you thanks, we praise you for your glory.**

**Lord Jesus Christ, only Son of the Father, Lord God, Lamb of God, you take away the sin of the world: have mercy on us; you are seated at the right hand of the Father: receive our prayer.**

**For you alone are the Holy One, you alone are the Lord, you alone are the Most High, Jesus Christ, with the Holy Spirit, in the glory of God the Father. Amen.**

## THE COLLECT

Let us pray

Almighty and everlasting God, you have given us your servants grace, by the confession of a true faith, to acknowledge the glory of the eternal Trinity and in the power of the divine majesty to worship the Unity: keep us steadfast in this faith, that we may evermore be defended from all adversities; through Jesus Christ your son our Lord, who is alive and reigns with you in the unity of the Holy Spirit, one God, now and for ever.

**Amen.**

*Sit*

FIRST READING

Isaiah 40.12-17, 27-end

*Read by Humphrey Serjeantson*

A reading from the Prophet Isaiah

Who has measured the waters in the hollow of his hand and marked off the heavens with a span, enclosed the dust of the earth in a measure, and weighed the mountains in scales and the hills in a balance? Who has directed the spirit of the Lord, or as his counsellor has instructed him? Whom did he consult for his enlightenment, and who taught him the path of justice? Who taught him knowledge, and showed him the way of understanding? Even the nations are like a drop from a bucket, and are accounted as dust on the scales; see, he takes up the isles like fine dust. Lebanon would not provide fuel enough, nor are its animals enough for a burnt-offering. All the nations are as nothing before him; they are accounted by him as less than nothing and emptiness.

Why do you say, O Jacob, and speak, O Israel, 'My way is hidden from the Lord, and my right is disregarded by my God'? Have you not known? Have you not heard? The Lord is the everlasting God, the Creator of the ends of the earth. He does not faint or grow weary; his understanding is unsearchable. He

gives power to the faint, and strengthens the powerless. Even youths will faint and be weary, and the young will fall exhausted; but those who wait for the Lord shall renew their strength, they shall mount up with wings like eagles, they shall run and not be weary, they shall walk and not faint.

This is the word of the Lord.

**Thanks be to God.**

## PSALM 8

<sup>1</sup> O Lord our Governor; how excellent is thy name in all the world: thou that hast set thy glory above the heavens.

<sup>2</sup> Out of the mouth of the very babes and sucklings hast thou ordained strength; because of thy enemies: that thou mightest still the enemy and the avenger.

<sup>3</sup> For I will consider thy heavens; even the works of thy fingers: the moon and the stars which thou hast ordained.

<sup>4</sup> What is man that thou art mindful of him: and the son of man that thou visitest him?

<sup>5</sup> Thou madest him lower than the angels: to crown him with glory and worship.

<sup>6</sup> Thou makest him to have dominion of the works of thy hand: and thou hast put all things in subjection under his feet.

<sup>7</sup> All sheep and oxen: yea and the beasts of the field.

<sup>8</sup> The fowls of the air and the fishes of the sea: and whatsoever walketh through the paths of the seas.

<sup>9</sup> O Lord our Governor: how excellent is thy name in all the world.

*Read by Phil Keightley*

A reading from the second letter of St Paul to the Corinthians.

Finally, brothers and sisters, farewell. Put things in order, listen to my appeal, agree with one another, live in peace; and the God of love and peace will be with you. Greet one another with a holy kiss. All the saints greet you.

The grace of the Lord Jesus Christ, the love of God, and the communion of the Holy Spirit be with all of you.

This is the word of the Lord.

**Thanks be to God.**

*Stand as the Alleluia begins.*

Alleluia! Alleluia! Alleluia!

**Alleluia! Alleluia! Alleluia!**

Glory to the Father, and to the Son, and to the Holy Spirit, one God, who was, and who is, and who is to come, the Almighty.

**Alleluia! Alleluia! Alleluia!**

The Lord be with you.

**And also with you.**

✠ Hear the Gospel of our Lord Jesus Christ according to Matthew.

**Glory to you, O Lord.**

Now the eleven disciples went to Galilee, to the mountain to which Jesus had directed them. When they saw him, they worshiped him; but some doubted. And Jesus came and said to them, "All authority in heaven and on earth has been given to me. Go therefore and make disciples of all nations, baptizing

them in the name of the Father and of the Son and of the Holy Spirit, and teaching them to obey everything that I have commanded you. And remember, I am with you always, to the end of the age.”

This is the Gospel of the Lord.  
**Praise to you, O Christ.**

*Sit*

SERMON      Father Martin Calderbank, *Curate*

*A short silence follows the Sermon.*

*Stand*

THE CREED

**We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father; through him all things were made. For us and for our salvation he came down from heaven, was incarnate from the Holy Spirit and the Virgin Mary and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.**

**We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son, who with the Father and the Son is worshipped and glorified, who has spoken through the prophets.**

**We believe in one, holy, catholic, and apostolic Church.  
We acknowledge one baptism for the forgiveness of sins.  
We look for the resurrection of the dead, and the life of the  
world to come. ✠ Amen.**

## INTERCESSIONS

*Led by Emma Robinson*

*The Celebrant introduces the prayers and the congregation kneels.*

*After each petition:*

Lord, in your mercy.

**Hear our prayer.**

*At the prayer for the departed:*

✠ Rest eternal grant unto them O Lord.

**Let light perpetual shine upon them.**

*At the end of the prayers:*

**Merciful Father, accept these prayers, for the sake of your Son,  
our Saviour, Jesus Christ. Amen.**

*Stand*

## THE PEACE

Peace to you from God our heavenly Father. Peace from his  
Son Jesus Christ who is our peace. Peace from the Holy Spirit,  
the life-giver.

The Peace of the triune God be always with you.

**And also with you.**

*At home, you may wish to share the Peace with members of your household.*

*During this time if you normally make your offering via the collection plate, please do consider joining Planned Giving. You can find the Standing Order form on the giving section of the website. Alternatively, you can donate by text; simply text SAINTMICHAEL to 70470 followed by the amount you wish to give (e.g. SAINTMICHAEL£10) up the value of £20 – although you can donate more by texting again. We realise this is a difficult time for everyone financially but if you are able to, please give generously to the ministry of the Church.*

**I bind unto myself today  
 Tthe strong name of the Trinity,  
 Bby invocation of the same,  
 Tthe Three in One, and One in Three.**

**I bind this day to me forever,  
 By power of faith, Christ's Incarnation;  
 His baptism in the Jordan river;  
 His death on cross for my salvation;  
 His bursting from the spiced tomb,  
 His riding up the heavenly way,  
 His coming at the day of doom,  
 I bind unto myself today.**

**I bind unto myself the power  
 Of the great love of Cherubim;  
 The Swett 'Well done' in judgement hour;  
 The service of the Seraphim,  
 Confessors' faith, Apostles' word,  
 The Patriarchs' prayers, the Prophets' scrolls,  
 All good deeds done unto the Lord,  
 And purity of virgin souls.**

I bind unto myself today  
The virtues of the star-lit heaven,  
The glorious sun's life-giving ray,  
The whiteness of the moon at even,  
The flashing of the lightning free,  
The whirling wind's tempestuous shocks,  
The stable earth, the deep salt sea,  
Around the old eternal rocks.

I bind unto myself today  
The power of God to hold and lead,  
His eye to watch, his might to stay,  
His ear to hearken to my need.  
The wisdom of my God to teach,  
His hand to guide, his shield to ward;  
The word of God to give me speech,  
His heavenly host to be my guard.

I bind unto myself the name,  
The strong name of the Trinity;  
By invocation of the same,  
The Three in One and One in Three.  
Of whom all nature has creation;  
Eternal Father, Spirit, Word;  
Praise to the Lord of my salvation,  
Salvation is of Christ the Lord.

*Remain standing*

Pray my brothers and sisters, that this our sacrifice, may  
be acceptable to God the Almighty Father.

**May the Lord accept the sacrifice at your hands  
for the praise and glory of his name, for our good,  
and for the good of all his Church.**

THE EUCHARISTIC PRAYER

The Lord be with you.  
**And also with you.**

Lift up your hearts.

**We lift them to the Lord.**

Let us give thanks to the Lord our God.

**It is right to give thanks and praise.**

*The Celebrant prays the Proper Preface of the season, concluding with:*

... Therefore with angels and archangels,  
and with all the company of heaven, we proclaim  
your great and glorious name, for ever praising you and singing:

**Holy, holy, holy Lord, God of power and might, heaven  
and earth are full of your glory. Hosanna in the highest!**

**✠ Blessed is he who comes in the name of the Lord.**

**Hosanna in the highest!**

*We kneel as we come to the holiest part of the Mass in which the Bread and Wine  
are blessed and consecrated as the Body and Blood of Christ.*

*The Eucharistic Prayer continues until:*

Great is the mystery of faith:

**Christ has died!**

**Christ is risen!**

**Christ will come again!**

*The Eucharistic Prayer continues to the Doxology:*

... by whom, and with whom, and in whom, in the unity of the  
Holy Spirit, all honour and glory be yours, almighty Father, for  
ever and ever. **Amen!**

## THE LORD'S PRAYER

As our Saviour taught us, so we are bold to say:

**Our Father, who art in heaven, hallowed be thy name; Thy  
kingdom come, thy will be done; on earth as it is in**

heaven. Give us this day our daily bread, and forgive us our trespasses, as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil; For thine is the kingdom, the power and the glory, for ever and ever. Amen.

We break this bread to share in the body of Christ.  
Though we are many, we are one body, because we all share in one bread.

#### AGNUS DEI

**Lamb of God, you take away the sin of the world,  
have mercy on us.**

**Lamb of God, you take away the sin of the world,  
have mercy on us.**

**Lamb of God, you take away the sin of the world,  
grant us peace.**

*The Celebrant invites the people to Communion saying:*

✠ Behold the Lamb of God who takes away the sins of the world. Blessed are those who are called to his supper.  
**Lord I am not worthy to receive you, but only say the word, and I shall be healed.**

*The Priest receives the Sacrament on behalf of the people. During this time you are invited to keep a few moments of silence and make an act of spiritual communion with these words.*

**May the Body and Blood of Our Lord Jesus Christ preserve my body and soul unto everlasting life. Amen.**

COMMUNION ANTHEM *Sung by the Choir*

Ave Verum – Elgar

Ave verum Corpus, Natum ex Maria Virgine, Vere passum, immolatum In cruce pro homine, Cujus latus perforatum Unda fluxit sanguine: Esto nobis praegustatum In mortis examine. O dulcis, O pie! O Jesu Fili Mariae. Amen.	Hail, real body, born of the Virgin Mary, who truly suffered, sacrificed on the cross for mankind, whose pierced side flowed with water and blood; be unto us the foretaste in the trial of death. O gentle, O holy one! O Jesu, Son of Mary. Amen
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COMMUNION HYMN

NEH 343

**Bright the vision that delighted  
Once the sight of Judah's seer;  
Sweet the countless tongues united  
To entrance the prophet's ear.**

**Round the Lord in glory seated  
Ccherubim and seraphim  
Filled his temple, and repeated  
Each to each the alternate hymn:**

**'Lord, thy glory fills the heaven;  
Earth is with its fullness stored;  
Unto thee be glory given,  
Holy, Holy, Holy, Lord.'**

**Heaven is still with glory ringing,  
Earth takes up the angels' cry,  
Holy, Holy, Holy, 'singing,  
'Lord of hosts, the Lord most high.'**

With his seraph train before him,  
With his holy Church below,  
Thus unite we to adore him,  
Bid we thus our anthem flow:

‘Lord, thy glory fills the heaven;  
earth is with its fullness stored;  
Unto thee be glory given,  
Holy, Holy, Holy, Lord.

*A short period of silence is kept after Communion.*

#### POST COMMUNION PRAYER

Let us pray

*The Celebrant prays the Post-Communion prayer.*

Almighty and eternal God, you have revealed yourself as Father, Son and Holy Spirit, and live and reign in the perfect unity of love: hold us firm in this faith, that we may know you in all your ways and evermore rejoice in your eternal glory, who are three Persons yet one God, now and ever. **Amen**

*Sit for the* NOTICES

*Stand for the final* HYMN

NEH 360

**Firmly I believe and truly  
God is Three, and God is One;  
And I next acknowledge duly  
Manhood taken by the Son.**

**And I trust and hope most fully  
In that Manhood crucified;  
And each thought and deed unruly  
Do to death, as he has died.**

Simply to his grace and wholly  
Light and life and strength belong,  
And I love supremely, solely,  
Him the holy, him the strong.

And I hold in veneration,  
For the love of him alone,  
Holy Church as his creation,  
And her teachings as his own.

Adoration ay be given,  
With and through the angelic host,  
To the God of earth and heaven,  
Father, Son, and Holy Ghost. Amen

#### BLESSING AND DISMISSAL

The Lord be with you  
**And also with you**

God the Holy Trinity make you strong in faith and love, defend you on every side, and guide you in truth and peace; and the blessing of God almighty the ✠ Father, the Son, and the Holy Spirit, be upon you and remain with you, now and always.  
**Amen.**

Go in peace to love and serve the Lord.  
**Thanks be to God.**

VOLUNTARY - Trio Sonata No.1 in Eb Major: II. Adagio - J.S. Bach  
*Played by Ismail Mardin*

## PRAYERS

**Please remember in your prayers:** All churches and organisations named in honour of the Holy Trinity.

**Sick:** Lorraine Thys, Frances Harman, Rosalyn Fletcher, Oscar Townsend, Geoff Parkinson.

**Recently Departed:** Sylvia Brantingham, Peggy Spray, James Halewood, Harriet Macknay.

**Anniversary of death:** Dick Howe, Barbara Godwin, Kath Hornblow, Antonia Dorricott, Florence Greenfield, Andreas Ioannides, Ermin Nurse, Olive Houston, Reg Gidley.

## THIS WEEK'S SERVICES AND EVENTS

Sunday 7 <sup>th</sup> June	8.00am	Low Mass
	10.00am	Sung Mass
	11.30am	Virtual Coffee
Monday 8 <sup>th</sup> June	9.00am	Morning Prayer
Tuesday 9 <sup>th</sup> June	9.00am	Morning Prayer ( <i>St Ephraim</i> )
Wednesday 10 <sup>th</sup> June	9.00am	Morning Prayer
	12 noon	Mass
Thursday 11 <sup>th</sup> June	9.00am	Morning Prayer ( <i>St Barnabas</i> )
Saturday 13 <sup>th</sup> June	9.00am	Morning Prayer ( <i>St Anthony of Padua</i> )
	9.30am	Mass

# NOTICES

## ONLINE SERVICES

### Midweek Masses

Wednesday and Saturday Mass are broadcast live at 12 Noon and 9.30am respectively. You can join in with these on Facebook or You Tube at the time, or afterwards. Links to our Facebook page and You Tube channel can be found on the website.

### Morning Prayer

This takes place via the interactive medium of 'Zoom' at 9am every day except Friday and Sunday. The links for this can be found in the Parish News email, or email the Vicar or Parish Office for the link.

### Sunday Worship

**8am Low Mass** is broadcast live on Facebook and You Tube but can also be watched afterwards. To take part follow the links on the website.

**The 10am Sung Mass** (pre-recorded) appears on the website at the usual time of 10am with a downloadable order of service.

**VIRTUAL COFFEE** *after Mass today at 11.30am for half an hour.*

Bishop Christopher, the Bishop of Southwark was unfortunately delayed last Sunday and was able to join us for our Children's Pentecost Service at Noon. However, he still wishes to join us for Virtual Coffee this Sunday! Details of how to join the Zoom meeting (same link as last week) can be found in the Parish News email – or email Fr Stephen.

**PARISH OFFICE.** During this time of reduced activity, the Parish Office will be open for half its usual hours. To ensure consistent cover a few hours will be covered each day Monday to Thursday, so please do keep using the office email as a contact point.

**CALLING ALL COOKS.** Please do send in your favourite recipes for our Parish Cookbook. Here's what we are looking for:

- Recipes with a list of ingredients and a short and clear method.
- A broad spread from savoury to sweet and baking, for adults and children.
- Recipes can be familiar favourites but with your own title (e.g. Lizzie's Shepherd's Pie) or a family recipe with a personal twist. If you have a personal story to add to it even better.
- No food pics (very hard to look good!) but may ask for a pic of you doing food prep to illustrate and bring to life.
- Up to 3 recipes per person.

The Parish Office will edit and have it professionally printed. The Cookbook will be sold as a unique gift to raise parish funds and will retail at something like £15 or £20. In due course we will ask for advance orders to ensure an adequate print run.

**BINGO NIGHT IN – Saturday 13<sup>th</sup> June, 6.30-7.30pm.** We have moved the date, so please do join us. Suitable for young and old alike and all those in between!. Full details overleaf.



SAINT MICHAEL & ALL ANGELS

# Bingo Night In

Virtual fun for all (young and old)



## Saturday 13<sup>th</sup> June

### 6.30pm-7.30pm

Donation (minimum £10 per household)

To reserve a place or for more information contact  
the Parish Office: [admin@stmichaelbarnes.org](mailto:admin@stmichaelbarnes.org)

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